



2019 North Zone TISCA Swimming and Diving Invitational November 14-16, 2019

Meet Host: Lewisville ISD/ Marcus HS, Lewisville HS, Flower Mound HS

Meet Site: LISD Westside Aquatic Center
1750 Duncan Lane
Lewisville, Texas 75028
214-222-6940

- Indoor 69 meter pool divided into two 25 yard pools and a diving well with an additional 6 Lane warm up pool.
- Locker rooms and showers
- Coaches' and officials hospitality
- Fully automated Colorado timing system
- Ample seating for competitors and spectators
- Meet Manager computer program will be used to conduct the meet
- Lodging: SEE BACK PAGE
- **This is a prelim/finals competition utilizing Championship Format where the top 24 in all events advance to finals.**

Competition will be limited to 600 athletes. Teams that attended last year are invited back. Teams that did not attend last year must contact Shannon Gillespy before submitting entries.

For swimming events: Advancers will be posted via meet mobile one hour after the last prelim session on Friday. Finals will be seeded slowest to fastest.

2019 North Zone TISCA Swimming and Diving Invitational
November 14-16, 2019

Schedule:

Thursday, Nov 14, 2019 (6 dives. Dive #1 is voluntary from the forward group; Dive 2-6 are optional dives coming from at least 4 of the 5 groups)

3 meter Diving Warm up 3:00 PM - Combined

3 meter Diving Finals 5:00PM - Combined

Friday, Nov 15, 2019

Swimming warm-up 9:00 AM

(Warm up will be divided as soon as entries are received)

Coaches Meeting 10:45 AM

Swimming Prelims 11:00 AM

Men's and Women's preliminary competition will be run simultaneously using both ends of the pool. There will be a 10-minute break after the 50 Free.

Combined Boys and Girls - 1 meter Diving Event: 6 optional dives must exceed 11.3 DD
(Warm –up will start 30 minutes after the completion of the
Swim prelims; approximate time 3pm / 5pm start

All divers must be entered in Hytek & All diving sheets must be entered through cleanentries.com

Clean entries will open Oct. 23rd and the deadline is Nov. 7th

All judges will be certified. Please contact Sherry McGuire if you would like to judge.

Changes are to be emailed to mcguires@lisd.net or kldavis@lubbockch13.com

Saturday – November 16, 2019

Swimming Finals:

Swimming warm-up 12:00PM

Swimming Finals 1:30 PM

Finals will be held in the west end of the pool. The east end may be used for warm-up and warm down. There will be a 15 minute break after the 50 Free and a 10 minute break after the 100 Breast.

Rules: 2018-2019 National Federation Rules will apply. Suit rule will be in affect.

TEAM SEATING: Athletes are encouraged to bring chairs.

Team Eligibility: Each school entered must have a coach or designated sponsor, who is a current member of the TISCA Coaches Association. Membership applications may be found at www.tisca.org. Send membership applications and check with your meet entries if you are not a member.

Scoring:

Place: 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20

Points: 24 21 20 19 18 17 16 15 14 13 11 9 8 7 6 5 4 3 2 1

Relays DOUBLE

Entry Limit: Each Swimmer may enter a maximum of four events. No more than two may be individual events. **Relay entries are limited to two per relay event. Relay entries must be entered with a time. Relay entries with no times will not be entered in the meet.** There is no limit to the entries in the individual events, **as long as the time standard has been reached in the last calendar year. PLEASE put USA ID # with your athlete entries if they want to have their times go into SWIMS.**

Entry Fee: MUST BE ON HYTEK PROGRAM

\$15.00 per Athlete/\$15 per Relay. (Relay only swimmers do not pay)

Entry Forms: When sending entries on Hy-tek(include divers) teams must e-mail a HARD COPY IN WORD FORMAT of the names and entry fees.

Admin. must have a hard copy. USA ID Numbers must be included. Relay Swimmer's names must be listed. This is for comparison of entries.

Fees must accompany entries or received prior to competition!!

Please send these to your accountants EARLY!!!

DEADLINE: ENTRY DEADLINE 5:00 PM, THURSDAY, NOV. 7TH

Diving Deadline on clean entries is Nov. 7th

Entries and fees may be sent to:

Shannon Gillespy

6101 Long Prairie Rd, ste. 744-210

Flower Mound, TX 75028

gillespys@lisd.net

FEES MUST ACCOMPANY ENTRY OR BE HAND DELIVERED

(send your entry requests early to your ISD's.)

Checks should be made payable to: **Marcus Swim/Dive Booster Club**

Meet Director: Jeff Jones, Shannon Gillespy, Tony Arbogast

LHS, MHS, FMHS

Arbogastt@lisd.net, gillespys@lisd.net, jonesjeffrey@lisd.net

Admission: \$5.00 per adult/\$3.00 per student

Heat Sheet: \$5.00

T-Shirts will be on sale: \$20.00

2019 NORTH ZONE TISCA TIME STANDARDS

GIRLS		BOYS
2:10.00	200 MEDLEY RELAY	1:55.00
2:08.00	200 FREESTYLE	1:58.00
2:30.00	200 IND. MED	2:13.00
27.50	50 FREESTYLE	24.00
11.3	1 METER DIVING	11.3
	3 METER DIVING	
1:08.00	100 BUTTERFLY	1:00.50
59.50	100 FREESTYLE	54.50
5:43.00	500 FREESTYLE	5:18.00
1:58.50	200 FREE RELAY	1:45.50
1:10.00	100 BACKSTROKE	1:05.00
1:19.50	100 BREASTSTROKE	1:10.50
4:00.00	400 FREE RELAY	3:45.00

Each team is limited to two (2) relays per relay event. Please adhere to the time Standards.

Complete dive sheets must be submitted to: Cleanentries.com by the entry deadline (Clean entries will open Oct. 23 and close on November 7 at midnight Rule-section 3 art.5.

Questions contact Sherry McGuire @ mcguires@lisd.net

Coaches when entering divers, Section 8 art. 3 rules apply. Please adhere to the DD requirements.

TISCA HOTELS

Hampton Inn - Lewisville

Hotel: Hampton Inn & Suites Dallas-Lewisville/Vista Ridge Mall

Group Name: TISCA SWIM

Arrival Date: 14-Nov-2019

Departure Date: 17-Nov-2019

Group Rate: 103.00 + 13% taxes per night

Breakfast Hours: Our breakfast is open 6am-10am 7 days a week, we also have breakfast smoothies in the morning

Kellie Faughn | Director of Sales

Homewood Suites Hotel Lewisville

700 Hebron Pkwy | Lewisville, TX 75057

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TOWNEPLACE SUITES BY MARRIOTT

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